

# WHIRLING WITH THE DIVINE: EXPLORING THE MYSTICAL WORLD OF SUFISM IN DR. HUSSAIN QADRI'S LITERARY LEGACY

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**ABSTRACT:** *Sufism is the mystical aspect of Islam that explores divine closeness and personal transformation beyond conventional boundaries. This study delves into the mystical aspects of Sufism, focusing on understanding the many layers of Sufi spirituality as shown in the rich literary works of Dr. Hussain Qadri. The research uses a thorough multidimensional method that combines historical analysis, literary interpretation, and modern applications to clarify the core of Sufi mysticism. By using proven research approaches, the growth of Sufi philosophy is traced via historical investigation and textual analysis, revealing the core of various literary works. A qualitative content analysis identifies reoccurring themes and symbols deeply integrated into the structure of his creative works. This investigation delves beyond mere textual dissection, delving into the transformative potency encapsulated in Sufi themes and symbols embedded within the writings. Such an enriched understanding contributes to the interconnected realms of literature and spirituality, illuminating the profound whirl between literature and mysticism. In this intellectual journey, "Whirling with the Divine" promises to unravel the intricate spiraling between literature and mysticism, beckoning readers to immerse themselves in the rich tapestry of Sufi-inspired literary contributions, inviting reflection on the timeless interplay between spirituality and artistic expression.*

**Key Words:** Sufism, Mystical, Islam, Spiritual, Divine proximity, Inner transformation

## INTRODUCTION:

Sufism, also known as *Tasawwuf*, is an enduring and time-honored tradition meticulously transmitted through the corridors of time, weaving its profound and delightful influence across successive generations of Muslims [1]. The roots of this transformative shift can be traced back to the formative years of Islam, where contemplative ascetics sought a deeper, more intimate connection with the divine amidst the societal upheavals in the Islamic world. Embracing a distinctive lifestyle marked by rigorous fasting and self-restraint, it played a pivotal role in navigating the spiritual landscape of its time [2]. These profound events unfolded concurrently, creating a tapestry where the threads of mysticism and devotion were interwoven with the fabric of Islamic history. *Tazkiyah*, a notion in Sufism, denotes a profound process of spiritual cleansing and is regarded as a key aspect of the religion. The practitioners, referred to as Sufis or Dervishes, partake in a demanding process of self-discipline and introspection to purify their hearts and souls from the allure of the physical realm [3]. They strive to transcend the mundane diversions that are inherent in daily existence. Thus, it is an inquiry that delves deeper into the underlying aspects of Islam. Sufism distinguishes itself from other religious traditions via several fundamental features, one of which is its acceptance of religious observance's experiential and innate aspects. Sufism is an ancient religious tradition. The Sufis are a religious sect that follows Islam's fundamental tenets while exploring its mystical aspects. They delve into the intricacies of heavenly love and the enigmatic expedition of the soul during their investigation. Typically, self-reflection is conducted with the guidance of a spiritual leader, commonly known as a Sufi master or Sheikh.[4] Renowned figures like Rumi, Hafez, and Ibn Arabi have bequeathed words that have enduringly impacted language annals. One of the most prominent aspects of Sufi poetry is its capacity to articulate intricate spiritual ideas in a manner that resonates with the human soul. However, it has been partially devoid of conflicts [5]. Due to their belief that certain Sufi rites deviate from the fundamental teachings of Islam, several individuals in academic and theological circles have expressed their concerns over these specific rituals. Advocates of Sufism claim that when performed by

Islamic principles, it serves as an additional and enhancing aspect of the broader Islamic experience. Given the important role that Sufis and Sufism have in Islamic society, it is not unexpected that the first seven volumes of the Encyclopedia Iranica include around 150 entries specifically dedicated to individuals, books, and other subjects related to Sufism[6]. Due to the extensive duration of Islamic history and the vast range of geographical and cultural areas, namely Iran, Central Asia, India, and Anatolia, covered in the articles on Sufism [7]. During this period, the core principles and ideologies of Sufism reached their full development, and the writings that would later form the basis of the Sufi literary collection were produced. During this era, the emergence of Sufi organizations marked a significant development, since it was during this period that the unique Iranian forms of Sufism were initially acknowledged [8].

Dr. Hussain Qadri is recognized as an eminent figure whose literary works deeply impact the fields of literature and Sufism. His writings are a complex and intricate fabric woven with deep spiritual wisdom beyond traditional literary limits. His contributions to the field of Sufism literature demonstrate his profound comprehension and admiration for the mystical aspects of Islam. His writings explore the complex intricacies of Sufi philosophy, providing readers with a look into the mysterious qualities of religion and the transformational process of approaching divinity. His Sufi literature functions as both a scholarly inquiry and a source of direction for anyone looking to establish a deep spiritual connection with the fundamental tenets of Islam. Moreover, it also extends to the broader literary sphere. His literary works, which consist of poetry, essays, and treatises, are marked by a blend of eloquence with profound contemplation. The author's literary works are characterized by themes such as love, transcendence, and the link between humanity and the divine. The combination of these elements results in a harmonious marriage of beauty and spirituality.

The exceptional approach to blending literary language with Sufi knowledge results in a collection of work that goes beyond the traditional division between the worldly and the spiritual. His literary works not only enhances the comprehension of Sufism but also inspires anyone who

desires a comprehensive approach to writing, one that stimulates both the mind and the spirit. The research aims to analyze the writings of this distinguished scholar, which encompass poetry, essays, and treatises, to understand the complexities of Sufi spirituality. Textual analysis entails the identification of repeating themes, symbols, and metaphors characteristic of Sufi mysticism [9] Thus, demonstrates how Sufi concepts may be used in modern contexts, effectively connecting historical interpretations with their current significance. Thus, it examines how Sufi principles reverberate in the modern world, influencing people and groups.

This research employs a thorough historical examination to understand the beginnings of Sufism and its reaction to the materialistic tendencies of early Muslim society. Thus, it entails thoroughly examining historical writings, records, and academic interpretations and documenting the origin and development of Sufism across the ages. The research seeks to reveal the factors that motivated individuals to embrace the mystical tradition of Sufism by examining its relationship with the socio-cultural and political setting of various Islamic periods. This qualitative element allows for a deeper examination of the transformational influence of Sufi themes and symbols in writings. It goes beyond simple textual study to include how individuals absorb and implement these concepts in their own lives. The study technique places significant emphasis on ethical issues, namely, protecting participant anonymity, obtaining informed permission, and demonstrating cultural sensitivity. Thus, aims to fully understand the complex relationship between literature and mysticism in the context of deep writings by embracing the multifaceted character of Sufi spirituality and utilizing varied research approaches.

#### **Sufism and Literary Legacy of Dr. Hussain**

Sufism is a profound spiritual path that beckons those who wish to go into the profound depths of spiritual awareness inside the intricate maze of human existence, where the tangible and the transcendent intersect [10]. The literary heritage of Dr Hussain occupies a central position in the enlightened tradition, serving as an illuminating source that reveals the profound depth of Sufi knowledge and the captivating elegance of its poetic expressions. Before thoroughly examining his literary heritage within the context of Sufism, it is crucial to acquire a comprehensive understanding of the fundamental concepts that form the foundation of this spiritual practice. Sufism is a diverse and dynamic spiritual approach within the Islamic faith rather than a singular concept.[11] An inward quest, a longing for a direct and intimate connection with the holy, characterizes Sufism. Dr. Hussain is a distinguished figure in the vast realm of Sufi literature, his words carrying the resonance of ancient wisdom accumulated over generations. His artistic creations connect the age-old customs of Sufism with the contemporary world, guiding readers into a hallowed realm where the distinctions between the visible and the invisible dissolve. He regards Sufism as a practice rather than a philosophical illusion [12]. Therefore, his literary legacy serves as a medium for conveying Sufi teachings, imparting the essence of mysticism to those who are willing to go on an enlightening journey.

The creative contributions encompass a diverse range of prose and philosophy, where each word guides readers through the intricate landscapes of Sufi philosophy. His

works, characterized by their creative analytical beauty and profound spirituality, provide glimpses into the great wisdom that Sufism has accumulated throughout the ages. Through thoughtful views, stirring wisdom, and an analytical but guiding approach, Thus, invites the readers to join in on a journey beyond conventional perception's constraints. Therefore, profound interest in the symbolic performance of the whirling dervishes is central to the intricate fabric where readers are comfortable exploring the realms of mysticism and self-discovery. The concepts encompassed in this context are love, desire, and the longing for divine union as major elements of Sufism practices [13]. Metaphors and allegories are being crafted to explore the intricate landscape of the heart, encouraging readers to delve into their own emotions and the boundless love that connects all living beings. This intricate aspect, a unique element in the complicated fabric of Sufi discussion, is the conceptual flow of words and symbols to communicate profound levels of significance.

In the realm of Sufism, the importance of Dr Hussain's literary heritage is more evident today, marked by rapid technological advancement and a changing cultural landscape [14]. Through his words, he provides individuals dealing with the complexities of contemporary life with tranquility and guidance, which serve as a timeless source of wisdom. The historical settings, emerging concepts, and leading teachings encompass timeless and cross-cultural subjects, resonating with a global audience seeking spiritual nourishment and contemplative wisdom. This invites us to explore the hallowed passageways of Sufism, where the mystical and the ordinary come together. Thus, offers a deep examination of ethereal landscapes and spiritual tapestries, encouraging readers to delve into the world of whirling dervishes. This literary voyage beyond simple linguistic expressions is a fascinating exploration into the core of Sufi mysticism, where the rhythmic intellect movements of Sufism serve as a symbolic portal to the holy realm. As we begin this exploration, we will discover how this literary legacy serves as a timeless metaphor for the spiritual quest that resonates throughout different cultures and periods. Moreover, it takes us on a reflective exploration beyond time constraints, introducing Sufi mysticism into the modern world. In our quest to delve into the profound world of Sufism, we have carefully curated a selection of literature authored by the esteemed Dr. Hussain including Islamic philosophy and Muslim philosophers<sup>i</sup>, spiritual training and development<sup>ii</sup>, Sufism and teachings of different Sufism sects<sup>iii</sup>, the need for reformation, and the exploration of secrets of the Qur'an as a source of divine curriculum for individual growth and guidance<sup>iv</sup>. This collection, aptly titled with research settings serves as a captivating exploration of the mystical realm of *Tasawwuf* and takes readers on a transformative journey into the heart of Sufism.

#### ***Tasawwuf - A Journey of Transcendence:***

This literary legacy experiences an ascending order of learning and guidance following concepts to practice to experience whirling with the divine: while exploring the mystical world of Sufism. Islamic philosophy and Muslim philosophers explore the history of philosophy, presenting a specific field of study that investigates the existence and true nature of objects[15], including traditional Greek, the age preceding the emergence of Logic and Ethics possessing a unique and [16], and ancient Roman concept

of universe-Soul within rational minds and the physical universe, rather than transcendent [17], to culminate on Islamic concepts and Eastern traditions being followed in exploring the philosophical world of knowledge and practices.

The philosophical curriculum was categorized into three distinct disciplines: *Physical Existence*, which involved the study of the fundamental nature of the world; *Ethics*, which focused on moral principles and values; and *Logic*, which encompasses the study of language, grammar, and rhetoric. In ancient times, rhetoricians and philosophers were differentiated from each other. However, the influence of rhetoric was so firmly ingrained in Greco-Roman culture that philosophical instructors could not overlook it, while rhetoricians needed the instruction in reasoning that philosophers were exceptionally qualified to offer. While discussing the Islamic philosophical concepts and Eastern traditional practices, it focused on the Concept of Allah almighty and sovereign. The world consists of facts and events that are related to the terms of *Cause* and *Effect* besides *Reason* and *Logic*, where there must be a cause for the effect and logic for the reason. Only Allah is the fact that has no cause or effect. He is the essence of divinity who is essential in himself and the origin of the possibility of everything. Everything except Allah almighty is bound by the principle of cause and effect [18]. Furthermore, emphasis on the conceptual understanding of *Miracles* besides *Meanings*, focusing on the triangular relation among *Essence*, *Existence* as well as the *Miracles*. Thus, leading to human freedom and life-after-death concepts being followed in Islam, East, and Sufism.

In its essence, the narrative unfolds to dispel the misconception that Islam stands in opposition to science, philosophy, education, and the relentless pursuit of knowledge. On the contrary, it seeks to illuminate the historical tapestry of Islam, showcasing it as a vibrant supporter of science, philosophy, education, and the relentless quest for knowledge. Throughout the annals of Islamic history, education has stood as a paramount objective for Muslims, giving rise to the intellectual pursuits of Muslims, it meticulously navigates through and unveils a vibrant and flourishing Islamic civilization that endured for a millennium. This golden age, characterized by a harmonious coexistence of faith and reason, produced a reservoir of profound thought, diverse philosophies, and timeless wisdom. It is a testament to the intellectual vibrancy of Islam that continues to shape the minds and hearts of millions across the globe. Through a compelling narrative, it showcased the Islamic principles which have historically fostered an environment conducive to intellectual flourishing, contributing significantly to the world's reservoir of wisdom and understanding.

It depicts the Islamic philosophical concepts and Eastern traditional practices as a bridge between the earthly and celestial domains. Thus, serves as a platform for communicating profound spiritual encounters, exemplifying the powerful transformative nature of Sufism [19]. Each embellishment assists physical and spiritual manifestation of the deep yearning for a heavenly connection central to Sufi theology. While considering the philosophical trends in Islam, it mainly emphasizes: *Mysticism* and *Ethics*. The foundation of philosophy lies in intellect, whereas Sufism is rooted in the heart, soul, and inner being. Precisely, philosophy arises from external and

logical reasoning, whereas Sufism focuses on matters of the heart, encompassing emotions and feelings within internal situations and conditions (Qadri H. M., 2019, p. 63).[18] Ethics aims to determine what constitutes morally appropriate and inappropriate, as well as what constitutes socially acceptable and unacceptable [20, 21]. Whereas, it also explores Ethical consideration based on the combination of an individual's inner and external conducts, describing two prominent aspects of human personality: the internal aspect of human personality and character consists of goals, motivations, and intentions, while the external aspect is based on physical actions[18].

During, the course of the argument before proceeding to the Islamic philosophical concepts, it identifies the importance of education and training, the character of efforts and pursuit of intellectual goals explores the beliefs of *Kalām*, the discipline that specializes in the systematic validation of religious beliefs through the presentation of evidence and the elimination of uncertainties [23]. Subsequently, it delves into the rudimentary principles to include the temporality of the world to explicate that creatures and creations emerge from nonexistence, signifying the transformation from nothingness to existence, leading to the belief that all things in the world are transient; the fragmentation of natural structures into discrete elements; the ongoing process of evolutionary development and the dynamic nature of the world; the indeterminacy of the world to emphasis on the evolutionary process driven by accidents rather than essence, since the recognition of essence relies on accidents, the re-creation of accidents successfully influences the existential state of the world through this process; and the existence of time and space [18].

#### ***Sufism in Transition: A Contemporary Perspective:***

A contemporary perspective on Sufism, situated within the present-day global landscape, advocates for the adoption of an enlightened attitude that transcends rigid restrictions and dogmatic dogmas [24]. It is strongly encouraged that individuals recognize and appreciate the intrinsic flexibility that is evident in Sufi teachings, a fluidity that corresponds to the constantly evolving dynamics of the modern world. Sufism, renowned for its profound spiritual insights, advocates for transcending the limitations imposed by doctrinal rigidity and embracing a more inclusive and tolerant perspective [10]. By adopting a contemporary stance towards Sufism, all are encouraged to recognize and value the versatile characteristics that characterize this enigmatic tradition. This holds particular significance in an age marked by diversity and interdependence. By fostering an attitude of acceptance, empathy, and unity, it advances a sophisticated recognition of the timeless principles that are fundamental to Sufi doctrine. By embracing the intrinsic flexibility of Sufism, one can attain spiritual equilibrium and establish a profound connection with eternal knowledge that surpasses religious and cultural boundaries. This is particularly beneficial as we confront the challenges of the contemporary world.

This literary work not only preserves the enduring customs of Sufism but also brings them into the modern world, offering a subtle and insightful viewpoint on the changing realm of spiritual inquiry [25]. Readers see a vivid depiction of Sufism that surpasses the limitations of certain periods and resonates with the intricacies of contemporary society while exploring the author's narrative. Thus,

perusing an investigation of the Sufi path, he skillfully maneuvers between changing cultural norms and technological progress, providing readers with a perspective on how to perceive Sufism not only as a historical artifact but as a vibrant and applicable tradition that addresses contemporary obstacles. However, his contemporary viewpoint on Sufism does not aim to preserve the past age tradition but acknowledges its potential to adjust and endure. It addresses the current difficulties and provides comfort and direction to persons navigating the intricacies of a swiftly evolving environment. At this time, the presentation of Sufism in this modern investigation exhibits an all-encompassing nature that surpasses cultural and theological limitations. It is a conduit connecting many belief systems and ideologies, cultivating a collective understanding of human nature and interdependence in an increasingly linked world.

Persuasively, the literary legacy unveils the importance of Islamic philosophy and also presents a workable model across the world where the standing and eminence of logic and reasoning is growing with science taking center stage in development and progress, it is critical to emphasize the logic and [26]. Thus, spotlights the requirement of a scientifically feasible procedure to restore vision, and contemporary Islamic ideology to scrutinize an optimistic mindset to foster national unity, and effectively establish a framework for innovative concepts and customs [18]. The purpose of this is to modernize traditional thinking into the modern era while also allowing it to reach all of its potential in the contemporary world. Further, complements by presented cardinals to include: firstly, responding to the need of the time, thus, transforming the truths of Islam and its fundamental sources through mediation, besides the establishment and development of Islamic society. Secondly, Islam as a source of peace, and security particularly in the course of the past two decades where the Muslim states around the world are facing serious difficulties in geo-political and geo-economic situations. Thus, presents a modern viewpoint on Sufism, urging everyone to recognize and appreciate the flexibility and significance of this age-old practice. This challenges the belief that spirituality is limited to a certain period or cultural setting, encouraging individuals to investigate the profound possibilities of Sufi activities within the framework of their own lives.

#### ***Navigating through Sufi Practices: A Spiritual Guide:***

As the reader engages with literary works being presented aimed at Sufism, he discovers an acquaintance who supports him in pursuing the journey of spiritual enlightenment. This, leads to virtual guidance, focusing on investigating Sufi happenings. The words serve as a conduit, linking the age-old sagacity of spirituality with the modern particularized pursuit of significance and transcendence. Once, the foundation of Islamic philosophy and spiritual journey is set, it unfolds the practical manifestation and offers the corrective measure and a curriculum for spiritual training and development. Thus, includes the significance of knowledge, which refers to the source of Islamic teachings; a value of sincerity, based on the purification and refinement of inner motivation; and finally, the consequence of [12]. Thus, offers valuable insight into how persuasion, practices, and exploration of the world attached to heart and mind may be utilized as

transformational instruments for modern characters seeking spiritual growth.

The significance of '*Ilm*,' (Arabic: علم) referring to knowledge, is evident as a cornerstone in the foundation of human advancement [27]. Thus, plays a pivotal role in illuminating the pit of ignorance and creating pathways to comprehension, ingenuity, and the progress of society. Therefore, providing individuals with the necessary resources to navigate the intricacies of existence, cultivates wisdom, critical thinking, and a more comprehensive outlook. In addition to numerous other determinants contributing to the ascent of Muslims, a pivotal element was their educational establishments, which implemented a three-pronged approach to student training and education: modern scientific and technological advancements, a comprehensive understanding of Islamic sciences and arts, and ethical instruction. In addition, an outstanding system of character development and spiritual education and training was in place [12]. Moreover, the positive impact of knowledge on individuals, it serves as a foundation for the advancement of society by promoting a culture that values investigation, acceptance, and progress. Thus, acknowledging the significance it demonstrates recognition of its capacity to elevate both individuals and societies, guiding humanity towards a future illuminated by the intellectual prowess of the enlightened.

Practically, any curriculum must require stages to follow during the persuasion of a particular objective. Similarly, acquiring knowledge aims at different sets of stages including identification, planning, management, and enforcement [28], or refers to sensation, perception, conception, and intuition [29]. whereas, the curriculum for spiritual training and development as mentioned offered seven stages including intent to seek, purification, and refinement of inner motivation, *Ibada*, and abiding practices attracting Allah's will, wisdom, perception, and transcendental knowledge [12].

Commencing the captivating journey of knowledge is comparable to traversing a multicolored landscape, in which every phase unveils an additional depth of enlightenment. Within the domain of ignorance, there exists an empty canvas, eagerly anticipating the vivid hues that would comprise comprehension. Upon entering the stage of seeking, individuals assume the cloak of curiosity and eagerly navigate the labyrinth of available information. They are transformed into artisans during the acquisition phase, as they deftly weave the fibers of facts and ideas into the tapestry of their minds. As comprehension dawns, elements that were previously disparate converge into a cohesive symphony, and the individual in pursuit assumes the role of conductor, orchestrating the melodies of knowledge. The pinnacle of this intellectual ascent signifies the emergence of the stage of wisdom, which is adorned with sagacity and discernment and resembles a sun-kissed peak. An insatiably inquisitive spirit ventures into the domain of perpetual learning, where the infusion of wisdom perpetually nourishes the intellectual terrain. This progression through the various stages of knowledge is a mosaic of experiences that mold the intellect and the psyche; it is not a linear march, but rather a gift of exploration.

### ***Beyond Tradition: Reconciliation between Romanticism and Materialism:***

Within the intricate fabric of intellectual analysis, the reconciliation that arises between Materialism and Romanticism is a mesmerizing interplay between the corporeal and the intangible, representing a symphony that surpasses the conventional opposition between the intellect and the emotions. Romanticism places great importance on sentiment, imagination, and the transcendent,[30] while in Sufism, the concept 'Asiq' (Arabic: عشق) or *Love*, a core component of Sufism or the Allah almighty perceived by the inner vision as a magnificent and absolute love [31, 32]. Thus, forms a reciprocal relationship with Materialism, a pragmatic philosophy grounded in realism and the tangible. Analogous to the unlikely pairing of two romantic interests, they uncover a common language that intricately interlaces sentimental elements into the fundamental structure of a physical being.

The process of reconciliation is depicted as a narrative in which the material world serves as a backdrop for the imaginative visions of the romantic spirit. Materialism, which was previously regarded as the strict guardian of empirical reality, is now captivated by the expressive qualities of emotion; consequently, it gives form and substance to ideals associated with romance. Moderation entails selecting the most appropriate course of action for human nature. Therefore, the objective of spiritual growth is to disregard the present desires of the soul by forsaking or diverging from the realities. A course of moderation is essential as both extremes can have detrimental effects on both the physical and spiritual well-being [12]. This path emphasizes mutual collaboration, solidarity, and togetherness, rather than confrontation. The rustling of foliage assumes the form of a muffled sonnet, while the movement of particles metamorphoses into a transcendent ballet. With the extension of Romanticism to the material, the ordinary is elevated to the sublime.

This synthesis merges nature with the artist as both the inspiration and the medium, eliminating the dichotomy and creating a unified whole. The harmonization of Romanticism and Materialism results in an appreciation for the comprehensive human experience, a harmonious symphony in which the intellect's deliberations and the emotions' longings converge, fostering a more profound and intricate comprehension of life. An innovative phase in the intellectual chronicle emerges from this intricate equilibrium, this interplay between the tangible and the transitory, hence a phase that encourages us to embrace the prose of our actuality as well as the poetry of our aspirations. This literary heritage surpasses the limitations of customary practices, beckoning readers to intellectually connect with Sufism in a manner that goes beyond traditional storytelling. Thus, connect the old mystical tradition and modern intellectual investigation, promoting a conversation that motivates readers to delve analytically into the deep themes inherent in Sufi thinking.

### ***Spirituality: The Whirling Path to Enlightenment:***

Spirituality, an illuminated expedition into the depths of the psyche, manifests itself as the revered avenue to attain enlightenment [33]. It constitutes an inner pilgrimage, during which individuals undertake a journey in an attempt to reveal the concealed enigmas of being. The pathway, reminiscent of a bygone era, meanders through the terrains of personal exploration, embellished with the cryptic

counsel of wise individuals from bygone epochs. Painting a canvas of introspection, contemplation, and communion with the divine, each step is analogous to a brushstroke. Spirituality, must have these meanings to present it as the purification and cleansing of the heart and interior being, the establishment of a sincere friendship and love with Allah almighty, that may be founded on love for Allah through the utilization of woolen garments, or emulating the lifestyle of the Companions of *Safa*, one can attain a unique triumph that necessitates complete purification of one's being on the inside and outside, to the extent that even the most minute transgression against the teachings should not be regarded with suspicion [12].

Enlightenment, the luminous endpoint of this spiritual journey, beckons with an ethereal radiance from a distance, illuminating the way. As individual explores the complex landscape of their inner self, they come across the fundamental nature of spirituality, a quest that surpasses rigid beliefs and ceremonial practices, delving into the fundamental principles of all truths. It is a dialogue with the ineffable and a view of the unseen; in this realm, the heart's language carries greater weight than the cacophony of the [34]. The trajectory towards enlightenment deviates from being linear and instead consists of a mosaic of experiences, which collectively comprise the melody of spiritual awakening like a symphony of highs and lows. Enlightenment is revealed during periods of solitude, during meditation, and when one confronts the mysteries of the cosmos. During this deep journey, spirituality becomes apparent as a guiding light that illuminates the intricate web of existence, revealing the interdependence of all entities and the divine craftsmanship that is ingrained within the individual's being.

This, literary legacy distillates on two major elements of spirituality: Firstly, 'Taqwa' (Arabic: تقوى) or the *Piety* to include loyalty and sincerity in one's relationship with Allah, self-purification, detachment from materialism, less sustenance, speech and sleep, while the other is *Ethics and Mannerism* (Arabic: اخلاق حسنه), that focuses on companionship, gentleness, fortitude, tolerance, and gratitude [12]. Thus, explores the core issue of reaching out to enlightenment, offering readers a thorough examination of Sufi mysticism. The swirling movements of the enlightened dervishes serve as a recurrent interpretation, leading readers through the complexities of Sufi philosophy. Every revolution serves as a distinct section, unveiling fresh aspects of the spiritual expedition, and each revolution symbolizes a figurative progression toward enlightenment. Furthermore, the continuous journey toward enlightenment is a central theme linking many elements of Sufi rituals, intellectual involvement, and linguistic research in this intellectual investigation. Thus, serves as a uniting factor, representing the recurring pattern of the spiritual voyage and the ongoing pursuit of self-exploration.

### ***The Secrets of the Qur'an: The Divine Curriculum of Growth and Guidance:***

Once, consulted the concepts of Islamic philosophy and teachings of Muslim philosophers, identify the requirement of Spirituality and Sufism acquiring lead from different practicing sects, through the corrective measures and the curriculum of spiritual training and progression, then it leads to the ultimate source and the comprehensive guideline curriculum then it comes across the exploration

of secrets being presented in Qur'an, the holy book and a divine curriculum of growth and guidance. The Qur'an is a profound tapestry and intricate collection of heavenly wisdom. It reveals its hidden truths gradually, like the unfolding of flower petals at dawn [35]. This sacred text not only guides the devout but also offers a mystical glimpse into the core nature of the soul. The mysteries of the Qur'an extend beyond its physical form, instead revealing themselves via deep reflection and introspection. However, these enigmatic teachings beckon those who desire to explore beyond the literal meaning and delve into the profound metaphysical aspects.

The Qur'an serves as a guiding light, leading individuals through the complex journey of self-exploration and facilitating the realization of one's true self and connection with the divine. However, the divine curriculum of growth and guidance principles are founded around the light of knowledge that even considered much better than the prayers and practices without direction rather than the inner guidance of knowledge. Moreover, it also considers the quadruplicate relation between the Qur'an, the Soul, the Self, and the Body. Thus, when the reader establishes his relationship with the Qur'an, the light hidden in the verses of the Qur'an gleams upon his soul, and the answer to the words of the revelations is heard. While, in the second stage, the Qur'an begins to change the ailment of the soul by influencing the inner, influencing the soul and the self. Finally, a connection is created that begins to unfold the divine [12].

The mysteries of the Qur'an are not simply puzzles; they serve as a means to access the inner depths of the psyche. The discourse is considered sacred as it involves a profound and spiritual discussion between the Creator and the created, surpassing the boundaries of the physical world. By delving into the mysteries of the Qur'an, one not only uncovers a profound manual for virtuous existence but also a timeless gateway to the spiritual voyage of the soul. The revelation resonates throughout the realms of human existence, serving as a reminder that the sacred lines contain a radiant guide to the divine, an everlasting compass that directs the seeker toward the authentic core of their existence.

## CONCLUSION

To fully comprehend the profound impact of Sufism on Islamic history, it is crucial to possess a strong fundamental grasp of its roots. Sufism emerged as a response to the infiltration of materialistic ideologies in early Muslim culture. The historical evidence, dating back to the early years of Islam, emphasizes the crucial contribution of contemplative ascetics in shaping the religion's growth. Amidst the societal turmoil, these trailblazers of spirituality pursued solace and a deeper connection with the divine via asceticism, which encompassed self-discipline and abstaining from food. Sufism originated as a reaction to the growing spiritual need in a society increasingly consumed by materialistic pursuits. The concurrent manifestation of these transformative events established the foundation for the emergence of Sufism. The timeless wisdom of Sufi luminaries establishes a transcendent connection between present-day seekers and the spiritual realities of bygone eras. These lessons are expressed in poetry, prose, and oral traditions. As part of our inquiry into the ongoing influence of Sufism and our present understanding of it, the literary

works of Dr Hussain provide a fresh and unique perspective on this spiritual tradition. We may explore the profound world of Sufism, particularly the mesmerizing tradition of spirituality, and its ongoing impact in the contemporary age, thus offering a unique perspective to delve into this subject. It explores the philosophical underpinnings of spinning in his published works, delving into the intersection of mysticism and intellectual investigation. This scholarly involvement with Sufism aligns with its historical function of enriching Islamic philosophy, emphasizing the enduring importance of the tradition's teachings in the contemporary intellectual landscape. The cultural connection enriches our understanding of Sufism, demonstrating its ability to transcend religious boundaries and become a widely shared human experience.

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<sup>i</sup> "اسلامی فلسفہ اور مسلم فلاسفہ" Published in 2019, by Minhaj ul Quran printers, Lahore.

<sup>ii</sup> "منہاج السالکین" Published in 2021, by Minhaj ul Quran printers, Lahore.

<sup>iii</sup> "تصوف اور تعلیماتِ سلاسل" Published in 2023, by Minhaj ul Quran printers, Lahore.

<sup>iv</sup> "اسرار قرآن" Published in 2023, by Minhaj ul Quran printers, Lahore.